

## 3rd Kup Red Belt



Scan the QR code in the top right for more grading information.

A licence/renewal costs £40 for 12 months.

The cost per grading is £35. TAGB White Dobok suits must be worn for grading

Blue Belts and above minimum time between gradings is now 6 Months.  
If the examiner wants to see sparring, you will need your sparring kit and gum shield.

**PRACTICAL:** Name is called: Shout "Here Sir/Ma'am!", and walk to the spot on the floor

### Pattern - Toi Gye

Student' Choice Pattern, Examiner's Choice Pattern  
3 Step Semi Free Sparring (Advanced), 1 Step Sparring  
Free Sparring

**THEORY:** You will be asked questions on the grading day by the grading Grand Master.  
You may be asked any theory questions from white to your belt.  
Think about obtaining a copy of the TAGB book available, £14  
which prepares to take you to black belt.

The TAGB quiz page which is great for practice: <https://blackbeltschools.com/syllabus/koreanquiz.asp>

### Interpretation of pattern Toi Gye

Toi Gye - 37 movement pattern - is the pen name of the note scholar  
Yi Hwang (16th AD,) an authority on neo-Confucianism. The 37 movements refer to his  
birthplace on 37 degrees latitude and the diagram (±) represents the scholar.

### Meaning of Red Belt:

Red signifies danger, cautioning the student to exercise control  
and warning the opponent to stay away.

### Korean Terminology required: (and also any previous grading theory)

Outer forearm W-shape block **Bakat palmok san makgi**  
Double forearm pushing block **Doo palmok miro makgi**  
Back fist back strike **Dung joomuk dwit taerigi**  
Upset fingertip thrust **Dwijibo sonkut tulgi**  
Twin side elbow thrust **Sang yop palmok tulgi**  
Crescent kick **Bandal chagi** 45-degree kick **Beet chagi**  
Vertical kick **Sewo chagi** 1-step sparring **Ilbo matsoki**  
Arm **Pal** Leg **Dari** Wrist **Sonmok**

