ADULT COMPETITOR ENTRY FORM (filled in by the student, KEPT by the Instructor)

| TAGB SCHOOL | INSTRUCTOR |
|-------------|------------|
| LICENCE NO | |
| SURNAME | INITIAL |
| STATUS | |

ADULTS FROM 16 YEARS AND OVER

IF YOU ARE AGE 15 YEARS AND UNDER
PLEASE ASK YOUR INSTRUCTOR FOR A JUNIOR
COMPETITOR ENTRY FORM

| | CATEGORY | WEIGHTS | DIVISION | CO DE |
|--------|--|-------------------------|--------------|----------|
| | LADIES | up to & including 55 KG | LIGHTWEIGHT | L |
| | LADIES over 55 KG up to and including 65KG | | MIDDLEWEIGHT | |
| LADIES | | over 65 KG | HEAVYWEIGHT | Н |
| | MEN up to & incl 70 KG | | LIGHTWEIGHT | L |
| | MEN over 70 KG up to & including 80 KG | | MIDDLEWEIGHT | М |
| | MEN | over 80 KG | HEAVYWEIGHT | Н |

| STATUS Circle one box Only | LADIES | MEN | | | | |
|---|--------|--------|-------|------|-----|-------|
| BELT COLOUR Circle one box only | WHITE | YELLOW | GREEN | BLUE | RED | BLACK |
| POINT STOP SPARRING Circle one box only | L | М | Н | | | |
| BLACK BELT ADULTS ONLY CONTINUOUS SPARRING Circle on box only | L | М | Н | | | |

PATTERNS BLACK BELTS ADD DAN GRADE ENTER P IN BOX

| DESTRUCTION BLACK-BELTS ONLY | HAND ENTER H BELOW | FOOT ENTER F BELOW |
|--|--------------------------|--------------------------|
| YOU CAN ENTER BOTH HAND & FOOT DIVISIONS | + | |

Declaration

I understand that there is an inherent risk of physical injury in the practice and learning of a contact sport such as Tae Kwon-Do. Whilst the TAGB and Association schools and Instructors will take all reasonable steps to minimise the likelihood of an accident, the risk of physical injury cannot be eliminated. There is particular risk in the context of competitions and grading exercises which by their nature are likely to result in an individual approaching and potentially exceeding the limits of their skills and physical ability. The acceptance of an individual's application to participate in a competition or to undertake a grading exercise does not constitute and should not be considered as constituting any form of confirmation or assurance by the TAGB or any Association School or Instructor to the affect that individual has the necessary so kill or physicial ability to safely complete such competition or grading exercise, it being the individual's sole responsibility to judge such matters for themselves. If an individual that whatsoever as to their ability to safely complete any exercise in the context of a competition, grading exercise or otherwise it is the responsibility of the individual to withdraw from the same. The TAGB and Association Schools and Instructors accept no liability for injuries sustained in the course of practicing and learning of Tae Kwon-Do save for injuries attributed to negligence of the TAGB and Association Schools and Instructors. Insurance in respect of such risks is included in your annual membership. In signing this declaration I accept the above recited disclaimer of liability and also agree to abide by the rules of the TAGB as amended from time to time should I be accepted as a participant of this competition.

I clearly understand that my participation in the event is entirely at my own risk and I certify that the facts stated are correct and I am fit to take part in the event.

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COMPETITORS SIGNATURE.....

CLUB INSTRUCTORS SIGNATURE